

**The Hospital Visit Scale**  
By Terry Prince 2016 © V1

Type of Visit	Stress Scale 5 High/1 Low					Notes
	5	4	3	2	1	
Emergency Room Visit with Patient	x					Visitors who arrive post patient ambulance arrival will be more stressed
Shift to First In-Patient Room from Emergency Room	x					
Room Change (Secondary – not First In-Patient Room assigned)	x	x				
In-Patient Room Change including to/or from ICU	x	x	x			Primary caregivers will need to investigate who is in charge when patient shifts room.
1 <sup>st</sup> Time Entry to specialized units such as Burn Center, Cancer Unit, Pediatric NIC Unit	x					
Routine Drop In Scheduled Visit			x	x	x	
Friendly Visit (First Time)				x	x	Non primary caregivers will generally experience less stress
Friendly Visit (Subsequent)			x	x	x	First time to any new facility will cause more stress. Primary caregivers are likely to experience more stress
Emergency In-Patient Visit In-Hospital Room	x	x	x			Primary caregivers who have to make decisions or have an impact to their daily will be most stressed
Unscheduled Meeting with Social Workers or Palliative Care	x					Primary caregivers who have to make decisions or have an impact to their daily will be most stressed
Scheduled Appointment with Social Workers, Hospice	x	x				Primary caregivers will experience most stress, as care and changing arrangements are most impactful to their own daily lives and schedules
Family Meeting Hospital Visit	x	x	x			Primary caregivers will experience more stress, as they have to lead conversations
Bereavement – leaving after palliative care or final arrangements have been settled or finalized. Includes moving or cleaning out of hospital room	x					